

# Christmas Tennis Camps Application Form

(please detach)

1. Name:	Age:
2. Name:	Age:
3. Name:	Age:
4. Name:	Age:

Address:

Postcode: Tel No.

Email: Emergency No.

Medical: food allergies, asthma etc. (please state)

Camp Registration:- (please tick)

DEC 21st

DEC 23rd

DEC 24th

I enclose a cheque for: £.....

**Payable to:-** sportsfundays.com

**Return to:** Apartment 4, Moseley Court, Moseley Road, Cheadle Hulme Cheshire, SK8 5GA

If you have any queries with regards to Alderley Edge Tennis Camps Steve will be only too happy to talk to you about them.

Contact **Steve** on **07970 482195**

Players are required to wear recognised tennis clothing and **MUST NOT** wear football related training shoes.

**SIGN UP NOW TO AVOID DISAPPOINTMENT!!**

# Application Form

(please detach)

1. Name:	Age:
2. Name:	Age:
3. Name:	Age:

Address:

Postcode: Tel No.

Email: Emergency No.

MEMBER / NON-MEMBER (please delete)

I wish to enroll on the following course(s):

1. Day:	Time:
2. Day:	Time:
3. Day:	Time:

I enclose a cheque for: £.....

**Payable to:-** sportsfundays.com

**Return to:** Apartment 4, Moseley Court, Moseley Road, Cheadle Hulme Cheshire, SK8 5GA

**TO AVOID POSSIBLE DISAPPOINTMENT PLEASE ENROL BEFORE THE START OF THE COURSES.**

All courses are booked on a first come first served basis with payment. Balls are provided and rackets can be provided if required.

Coaches will attempt to continue in all weather conditions - always turn up. There will be no rescheduling or refunds.

If in doubt call **Steve** on **07970 482195**

# October Half Term Tennis Camp Application Form

(please detach)

1. Name:	Age:
2. Name:	Age:
3. Name:	Age:
4. Name:	Age:

Address:

Postcode: Tel No.

Email: Emergency No.

Medical: food allergies, asthma etc. (please state)

Camp Registration:- (please tick)

Camp Date October 27th - 31st October

I enclose a cheque for: £.....

**Payable to:-** sportsfundays.com

**Return to:** Apartment 4, Moseley Court, Moseley Road, Cheadle Hulme Cheshire, SK8 5GA

If you have any queries with regards to Alderley Edge Tennis Camps Steve will be only too happy to talk to you about them. Contact **Steve** on **07970 482195**

Players are required to wear recognised tennis clothing and **MUST NOT** wear football related training shoes.

**SIGN UP NOW TO AVOID DISAPPOINTMENT!!**

# COURSE PRICES

ALL COURSES ARE FOR THE DURATION OF 10 WEEKS

	MEMBERS	NON-MEMBERS
TINY TOTS	£45	£50
MINI TENNIS RED	£45	£55
MINI TENNIS ORANGE	£50	£60
MINI TENNIS GREEN	£50	£60
DEVELOPMENT SQUADS	£50	£60
TEAM SQUAD COACHING	£50	N/A
JUNIOR CLUB NIGHT	FREE	N/A

**ALL:**

ADULT COACHING SESSIONS	£60	£70
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**FIRST AID**

Is your child allergic to plasters? YES / NO

If your child receives any injury may we put on a plaster if required? YES / NO

Please make sure your child brings suncream during the summer. If your child is unable to apply suncream by themselves, may a suitable member of staff apply it? YES / NO

Signature of Parent .....



# ALDERLEY EDGE CRICKET CLUB

## TENNIS SECTION

### Adult and Junior Coaching Programme

October - December 2008

January - March 2009

AVAILABLE TO ALL STANDARDS AND AGES



**Head Coach**  
**STEVE FLANAGAN**

07970 482195

**Assistant Coach**  
**CHRIS BEECH**

07779 371245

for all enquiries contact Steve on the above number or email [stevef@sportsfundays.com](mailto:stevef@sportsfundays.com)

Please find below an explanation of each group offered at Alderley Edge Tennis Club.

## Juniors

**Tiny Tots** 3-6 yr olds, a course designed to introduce co-ordination and racket/ball skills necessary for tennis in a fun and safe environment.

## Mini Tennis

**Red** 6-8 yr olds, formally known as short tennis, emphasis on the fundamental skills such as movement co-ordination and introduction to rallying.

**Orange** 8-9 yr olds, introducing children to playing on 3/4 length tennis court, learning basic tennis shots and having maximum fun playing the game.

**Green** 9-10 yr olds, final stage before children moving to tennis on a full court, learning good technique but with mini tennis green balls that are lower bouncing than normal tennis balls, thus helping to improve consistency.

**Development Squads** 10-18 yr olds, full court tennis with normal tennis balls, developing technique, tactics, physical and mental skills, with the aim of developing to Team Squad Coaching.

**Team Squad Coaching** children playing team tennis, performance orientated coaching and development of match play.

**Junior Senior Nights Sessions** club night, fun games and coaching

**Match Practice** open to players wanting to better their matchplay.

## Invitation squads only:-

**Mini Academies** children that have or are showing potential to develop into tournament players and that are committed to playing regularly, with the goal to develop into county players.

**10+ Year Old Performance Squad** children playing tournaments and having regular group coaching and private lessons, again with the goal of developing into county squads.

## Adults

**Ladies Team Coaching** all ladies that want to represent the Club in Cheshire League and play club matches. Coaching to develop team spirit, technique, tactics and match play skills.

**Club Evening/Afternoon Standard Group Coaching** group coaching, each session will focus on specific shots, technique and match play.

**Beginner Level Coaching** adults new to the game, looking to develop basic strokes and build confidence. A great way to meet other members of AECC that are of a similar standard.

**Advanced Beginner Coaching** adults that have a basic knowledge of the game, have been playing a while but are not quite ready for club evening/afternoon standard tennis. Again a great way of meeting other members of AECC.

**Ladies Morning** one hour of coaching and one hour of supervised matchplay, very social.

PLEASE NOTE: If you are unsure of what session you fit into please contact Steve and he will be only too happy to discuss it with you.



# Alderley Edge October Half Term Tennis Camps 2008

A fun-filled packed week of tennis, with coaching, drills, competitions, fun games and tennis shoot-outs with prize giving at the end and a t-shirt and goody bag for all!!

**Camp Dates** 1 October 27th - October 31st

## Camp Details

9.45am	Registration
10.00am	Start of warm up and tennis activities
11.30am	Break
11.45am	More coaching of specific shots and technique
12.30pm	Lunch
1.30pm	Games and competitions including tactics
2.30pm	Break
2.45pm	More competition play and inflatable tennis shoot out and ball machine practice
3.30pm	Pick up

## Additional Offers

8.30am-9.45am	Drop off facility <i>(additional cost)</i>
3.30pm-5.00pm	Late pick up facility <i>(additional cost)</i>

## Price Guide

£80.00 full week <i>(members)</i>	£90.00 <i>(non-members)</i>
£25.00 per day <i>(Friday £35)</i>	
£15 per half day	
£5.00 extra per day for drop off and late pick up facility	

**Additional Offers** 10% discount for more than one child from the same family.

**Requirements** please bring packed lunch, re-fillable drinks bottle and waterproof coat.

All Alderley Edge Tennis Camps are run by fully qualified L.T.A. coaches and ratios will be no more than 10 children to one coach. Places are limited so book now to avoid disappointment, places are booked on a first come first served basis.

# Junior & Adult Programme 2008

## Timetable Commencing

Week Beginning: 5th Jan - 16th March 2009

<b>Monday</b>	4.00pm-5.00pm	Mini Tennis Red
	5.00pm-6.00pm	Mini Red Academy
	6.00pm-7.00pm	U13 Team Squad Coaching
	7.00pm-8.30pm	Beg/Int Adult Coaching
<b>Tuesday</b>	9.30pm-11.30am	Ladies Morning
	4.30pm-5.30pm	Mini Tennis Orange
	5.30pm-6.30pm	U18 Team Squad Training
	6.30pm-8.00pm	Beg/Int Adult Coaching
<b>Wednesday</b>	4.30pm-5.30pm	Mini Red
	5.30pm-6.30pm	U13 Academy
<b>Thursday</b>	9.30am-11.30am	Ladies Morning
	4.30pm-5.30pm	Mini Tennis Green
	5.30pm-6.30pm	U15 Team Squad Coaching
<b>Friday</b>	4.15pm-5.00pm	Tiny Tots
	5.00pm-7.00pm	Jnr Club Night (10/15)
	5.00pm-7.00pm	Jnr Senior night session
<b>Saturday</b>	9.15am-10.00am	Mini Tennis Red
	10.00am-11.00am	Mini Tennis Orange
	11.00am-12.00pm	Mini Tennis Green
	12.00pm-1.00pm	Development Squad (10-12 yr olds)
	1.00pm-2.00pm	Development Squad (13-16 yr olds)

**Sunday Ladies Team Practice** please call for details in time to be arranged.

## Please Note:

If you are unable to attend any of the Team Squad Coaching then please call Steve and I will try to accommodate you in one of the other Team Practices.

Players are required to wear recognised tennis clothing and **MUST NOT** wear football related training shoes.

<b>FIRST AID</b>	
Is your child allergic to plasters?	YES / NO
If your child receives any injury may we put on a plaster if required?	YES / NO
Please make sure your child brings suncream during the summer.	
If your child is unable to apply suncream by themselves, may a suitable member of staff apply it?	YES / NO
Signature of Parent .....	

# Alderley Edge Christmas Camp

A fun-filled packed week of tennis, with coaching, drills, competitions, fun games and tennis shoot-outs and prize giving at the end and a t-shirt and goody bag for all!!

**Camp Dates** December 2008  
22nd - 23rd -24th

## Camp Details

9.45am	Registration
10.00am	Start of warm up and tennis activities
11.30am	Break
11.45am	More coaching of specific shots and technique
12.30pm	Lunch
1.30pm	Games and competitions including tactics
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## Additional Offers

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## Price Guide

£60.00 full week <i>(members)</i>	£70.00 <i>(non-members)</i>
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£15 per half day	
£5.00 extra per day for drop off and late pick up facility	

**Additional Offers** 10% discount for more than one child from the same family.

**Requirements** please bring packed lunch, re-fillable drinks bottle and waterproof coat.

Drop off your children and free up your time for last minute shopping or Christmas lunch, leave the kids having fun and learning new skills!